



Report #9: November 2023

MOUNT SHASTA

Presented by the Cosmic Citizens Committee of Now Creations

The following report by Gail Reddinger and Tari Riley provides information regarding some of the lore around Mt. Shasta, in California, based on their research of several texts and articles. The report is a distillation of their personal investigation into this topic and does not represent the official position of Now Creations.

Thank you, Gail and Tari, for this most interesting report.

Mount Shasta

“It is truly no shock that the beauty and majesty of our beloved Mt. Shasta inspires so many interesting stories no matter how strange.” Anonymous

Mountain and Facts:

Location: Mount Shasta is located 275 miles north of San Francisco, and 40 miles south of the Oregon border. Mount Shasta is 14,163 feet high with a snow and ice clad edifice. It is home to many beautiful forests with clean clear water from its sacred springs. The volcano is relatively young and “still hot”! Records of eruptions over the last 10,000 years suggest an average of at least one eruption occurring every 600-800 years. The mountain has been the source of legends and stories, going back thousands of years. More recently, Mt. Shasta has been the source of many UFO - related sightings, with reports of aerial craft entering and leaving the mountain, through hidden access areas.

Native Peoples

Long before European settlers arrived in the area, Mt. Shasta held an important place in the life of Native Americans. They performed sacred rituals on the hillside of the mountains and believed that the mountains were the center of the Universe and home of the Creator.

Spiritual Seekers

The city of Mount Shasta is a mecca for spiritual seekers. Much lore has been written about the mountain and its history as a source of ancient legends, supernatural mysteries, shamanic rituals, and mystical experiences. Those who have visited the sacred site often state that the mountain changed their lives forever!

UFO Hotspot

Modern UFO sources consistently cite Mt. Shasta as a significant “hot spot”. Many visitors journey to the area with the hope of seeing a UFO. One hiker reported an exciting occurrence of strange lights on the mountain and a UFO hovering around the lights. He went on to say a

large “door” opened up on the hillside and the craft disappeared into the mountain! An interesting book concerning these UFO sightings is Mount Shasta Sightings by Pamela Padula and Brian Wallenstein. One scientific theory believes some of the sightings are Lenticular Clouds, rounded in appearance and resembling old depictions of flying saucers. Mt. Shasta is an excellent location to see this type of cloud because they are reportedly viewed on average 60 days a year.

Atlantis, Lemuria Legend:

Some legends hold that 25,000 years ago Lemuria and Atlantis were the two most progressive civilizations on Earth. Atlantis was believed to be located in the Atlantic Ocean and has been described as a rich island whose powerful prince conquered many lands in the Mediterranean. The philosopher, Plato, was a principal source for these legends. Lemuria was said to be an island in the Pacific Ocean, off the coast of California. Lemuria was believed to have held vast wealth and considerable culture.

Dissension between the two powers arose due to political, cultural, and societal differences. This disagreement escalated and resulted in thermo-nuclear wars which weakened both continental plates. When the dust settled there were no winners, only death, destruction, and further debasing of the human spirit to the point that both sides realized the futility of such behaviors.

The continents of Lemuria and Atlantis both sunk beneath the sea due to the nuclear war instigated by Atlantean leaders. This caused a world-wide disaster of earthquakes, tsunamis, and sunken lands.

The Legend continues: Lemurians and the City of Telos

In the time of this destruction, California was part of the Lemurian lands. They were granted permission by the Agartha Network, a part of the Confederation of Ascended Masters, to build a city in California *beneath* Mount Shasta to preserve their culture and records. The Lemurians had to prove that they learned their lessons of war and aggression and had earned their lesson of peace to be accepted again as members of the Confederation. Legends tell that they left their sunken continent and crossed over to California and built a city named Telos which means “Communication with Spirit, Oneness with Spirit”.

The City of Telos

The Legend of Telos holds that it is a large city divided into five levels comprising many miles beneath Mt. Shasta, with approximately one-and one-half million people living there. There Lemurians are believed to be seen outside the city of Telos: Walking on the mountain and in the town of Mt. Shasta. They are said to be 7 feet tall, wearing white robes, flowing hair and scaly skin and broad foreheads. They communicate with programmed crystals.

First Level:

A large percentage of people live beneath the dome on the first level. This is also where the administrative and public buildings and several temples are situated. In the center of this level stands their main temple called the temple of MaRa, a pyramid shaped sort of structure. It will seat 10,000 people at a time. This temple is dedicated to the priesthood of Melchizedek. The pyramid is white, with the capstone, called the “living stone” donated to them from Venus.

Second Level:

This is where all the production and manufacturing for the needs of the people and the city takes place. It is also an area for several schools for the children and adult classes. Many more of their people live there.

Third Level:

Is consecrated totally for their hydroponic gardens where all the food supply is grown on about seven acres of land. It produces a diet that is very interesting and fun, offering variety. Methods of gardening are so effective that seven acres of land is all that is needed to grow abundantly a very large variety of food to feed one and one half million people that create strong, healthy bodies that do not age. The hydroponic gardens can produce crops on a constant basis. They can grow food much faster, using advanced hydroponic technology with very little soil and much water without the use of chemicals. Their food is totally organic with the highest vibration. The form of gardening does not need fertilizers and does not deplete the soil. They place organic minerals into the water for the plants. The crops are also enhanced and quickened by the great light, energy, and love vibration of Telos.

Fourth Level:

Contains some hydroponic gardening, some manufacturing, and a large area of nature, park-like setting with small lakes and fountains.

Fifth Level:

Is totally consecrated to nature. There are tall trees, lakes, park-type atmospheres, and a place where they keep all the animals. In this nature level, many plants and animals have been preserved and are no longer seen on the surface. All animals are vegetarians and do not eat each other. They live side-by-side in total harmony without fear and aggression towards people and each other. Telos is really the place

where the lion and lamb lay side-by-side and sleep together in total confidence.

The New Lemuria

It still exists on this day in a fourth and fifth dimensional frequency, not yet visible to third dimensional vision and perception. As the veil between those dimensions continues to become increasingly thinner, in the not-too-distant future, Lemuria, in Her new Splendor and Glory, will reveal Herself in a very physical and tangible way.

In Closing:

There are many more legends about Mt. Shasta, and this report only touches on a few elements of these ancient stories. However, we know that Mount Shasta continues to be a source of much speculation, and mysterious encounters, both on the land and in the skies.

To continue your study of Mount Shasta, the following books are recommended:

1. Mount Shasta Legends by DW Naef
2. Mt. Shasta Sacred Sites Guidebook
3. Secrets of the Subterranean Cities by Sharula Aurora Dux